

Detailed NORDIC COMBINED programme – EYOWF 2011, Liberec

Day	Date	Time	Category	Type	Race/description
Sunday	13.2.	9:00 - 11:00	boys	training	unofficial training HS 100
		13:30 - 15:00	boys	training	unofficial training cross country
		16:00 - 17:00	TCM	meeting	team captains meeting
Monday	14.2.	9:30 - 11:30	boys	training	official training HS 100, 2 rounds
		14:30 - 16:00	boys	training	official training cross country
		18:00 - 19:00	TCM	meeting	team captains meeting
Tuesday	15.2.	9:30 - 11:30	boys	race	Individual HS 100/7,5 km, trial round, 1 competition round
		15:45 - 16:30	boys	race	Individual HS 100/7,5 km, Cross Country
Wednesday	16.2.	9:30 - 11:30	boys	training	official training HS 100 teams, 1 round
		14:00 - 16:00	boys	training	official training cross country
		18:00 - 19:00	TCM	meeting	team captains meeting
Thursday	17.2.	9:30 - 11:30	boys	race	Teams HS100/2 x 4 km, trial round, 1 competition round
		15:00 - 16:00	boys	race	Team Sprint HS100/2 x 4 km, Cross Country